Pastor

Rev. Patti Molik

Minister of Music

Cathy King

Asst. Minister of Music

Kathy Haege

Office Assistant

Kelly Schmidt

Custodian

Barbara Cope

Lay Leaders

Kerri Preston

David Lotto

Lay Member UNYAC

Linda Sheeran

SPRC Chair

Pat Brewster

Treasurer

Lynne Blake

Finance Chair

Donald VanVranken

Trustee Chair

George Mallette

Christian Education

Grace Paster

Church Council Chair

Gary Wilson

Church Office Phone

885-6886

Office Hours

Mon., Tues., Wed. & Thurs. 9:00 a.m. - 1:30 p.m.

Pastor's Cell Phone

281-4453

E-Mail

bsumc@albany.twcbc.com

Pastor's E-Mail

pastorpatti07@gmail.com

Web Site

ballstonspaumchurch.org

Sunday Worship

10:00 a.m.

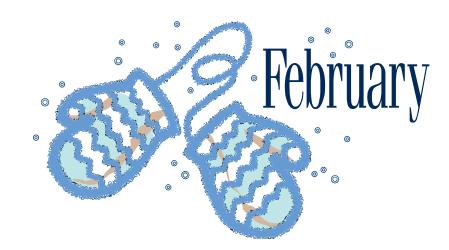


February, 2016 Ballston Spa United Methodist Church

101 Milton Avenue, Ballston Spa, NY 12020

2-2 Finance (P) 2-4 Trustees (P)	7:00 PM 7:00 PM
2-5 FOGGS (4 th & 5 th grade) Youth Group (FR)	6:00-7:30 PM
2-7 Worship and Sunday School – Scout Sunday	10:00 AM
2-7 Sunday School Bake Sale	before and after worship
2-9 Church Council (P)	7:00 PM
2-10 Ash Wednesday Service	7:00 PM
2-11 Dinner at Recovery Sports Grill in Malta	6:30 PM
2-14 Worship and Sunday School	10:00 AM
2-16 SPRC (P)	6:45 PM
2-17 Lenten Luncheon	12:00 PM
2-17 Hand to Plow (P)	7:00 PM
2-18 Prayer Shawl (P)	6:30 PM
2-19 FOGGS (4 th & 5 th grade) Youth Group (FR)	6:00-7:30 PM
2-21 Worship and Sunday School	10:00 AM
2-21 Fair Trade Sale	after worship
2-21 LIFE Youth Group meeting/sledding	after worship
2-24 Lenten Luncheon	12:00 PM
2-27 Free Lunch (FR)	11:30 AM
2-28 Worship/Sunday School	10:00 AM
2-28 Prayer and Healing Service (P)	6:30 PM

S=Sanctuary, FR=Fellowship Room, P=Parlor, CH=Church House, HSR=High School Room, SS=Sunday School Area





Greeting in the Name of Jesus,

Many of us know that Feb 14 is Valentine's Day. We have celebrated this holiday for many many years. But do you know how it began? History teaches us that the holiday was first observed back as far as the 5th century. It is named after a Christian martyr named St. Valentine or Valentinus. In the western Christian Church we celebrate it on Feb. 14; however, in the Eastern Orthodox Church it is celebrated on July 6 if honoring St. Valentine or July 30 if honoring Hieromartyr Valentine Bishop of Interamma. The day is celebrated by telling others or sending cards about love and caring.

However, this got me to thinking about the fact that we should be celebrating the one that we love first and foremost. How about celebrating Valentine's Day every day? We want to share with others the One who loved us so much that he died for us. John 3: 16-17 "For God so loved the world so much that he gave his one and only Son, so that everyone who believes in him will not perish but have eternal life. God sent his Son into the world not to judge the world, but to save the world through him." (NLT). WOW, no greater love story than the one about God sending Jesus, for you and me!

How about this text: "God is love, and all who live in love live in God and God lives in them." 1John4:16 (NLT)

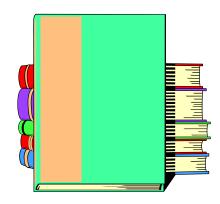
So this month as you peruse the hallmark card aisle for the one you love, remember to thank God for the love God has already given you through Jesus. Until next month,





Thank you for all the prayers, calls, visits, cards, food and the wonderful luncheon from our church family. We appreciate your support and thoughtfulness.

The Family of Glenn Evans



LIBRARY CORNER GOD ALWAYS HAS A PLAN B

Zondervan Corp

This collection of inspiring, thoughtful, yet lighthearted writings will lift up, and keep you going as you look for and follow God's "Plan B" for your life. (From the book cover)



Birthdays

- 2-1 Maddy Wilson
- 2-2 Patricia Higgins
- 2-3 Parker Caswell; Joshua Thompson; Jason Greco
- 2-4 A.J. Schmidt; Garret Evans
- 2-6 Peggy Traver
- 2-7 Kathy Haege; T.C. Wolsey
- 2-14 Jeannine Kelley
- 2-16 Eliason Cherrstrom; Taylor Natale
- 2-19 Keith Dickerson
- 2-22 Alexander Duthaler
- 2-23 Nicholas Parlapiano
- 2-29 Jonathan Blake

Anniversaries

- 2-15 Frank & Mary Townley
- 2-17 Jason & Michelle Greco
- 2-27 Neil & Ann Heffernan

Please let the Church Office know if there are any additions and/or corrections.



e-mail address?

Contact the office at bsumc@albany.twcbc.com so we can add you to our mailing list. Please let us know if you'd like to receive *The Tidings* electronically. Also, remember to visit our website (www.ballstonspaumchurch.org) and find BSUMC on Facebook so you can keep up-to-date on all of the good things happening at our church!

BSUMC EMAIL PRAYER MINISTRY

If you are interested in being a member of our BSUMC email prayer ministry, please contact Peggy Traver at pchurchmouse@earthlink.net .

Anyone may also submit prayer requests in this way, but be certain to get permission from the individual or family concerned.



Fair Trade items will be offered for sale following the worship service on February 21st. We will have dark chocolate candy bars, hot cocoa, tea and coffee (including hazelnut).

Thank you to all members for supporting the BSUMC Fair Trade efforts through the purchase of these fair trade items for your own use, or as gifts, and also through your support of the church coffee hour following Sunday church services.



Adult voice choir will be on a break until further notice.

Children's voice choir will be on a break until further notice.

ABC (Adult Bell Choir) will be on a break until further

CBC (Children's Bell Choir) will be on a break until further notice.





"Honoring Martin Luther King and bringing glory to God"

On Jan. 17th our BSUMC outreach team served about 45 Embury residents to an event honoring God and Martin Luther King, preacher and civil rights activist. This hour of short speeches and much singing followed by fellowship hour with refreshments was well received. Our team looks forward to Valentine's Day, Feb. 14th when we will return with "Songs and Hymns of God's Love" followed by fellowship time at the Lawrence St. address in Saratoga Springs.

Two Embury dwellers had short speeches which added much to our celebration. One, Carol Ann, spoke about "World Unity" among all the races and the other, Mary Ellen, spoke about a Wesley Nursing Home resident, Alexander "Sam" Aldrich. Sam, a nickname he has acquired during his 90+ years on earth, marched with Martin Luther King in the civil rights non-violent movement in Selma, Alabama those many years ago. We were given the wonderful opportunity to honor him as well. His compassionate caregiver wheeled him from Wesley to Embury so we might meet him and let him know how much we appreciated his presence with us and how much we love his heart for improving race relations in America. (It was questionable if he would be well enough to join us on the 17th). Sam touched many hearts as he was wheeled up front to be honored and receive flowers from us to take back to his room. Waving the bouquet in the air, he nervously said, "thank you but I don't know what to do with these, I always passed flowers over to my wife and she knew what to do with them". A chuckle arose from the crowd and we knew the caregiver, a much younger man, would follow through and give the flowers the water they needed.

We sang "We Shall Overcome" near the beginning and again at the end. The rest of the time was filled in with the likes of: Sometimes I Feel Like a Motherless Child, Do, Lord, O Do Lord, O Do Remember Me, I Want to be a Christian in My Heart, Swing Low, Sweet Chariot, This Little Light of Mine, Kum Ba Yah, There is a Balm in Gilead, Were You There When They Crucified My Lord?,

I also want to thank Pastor Patti for her encouraging support, creative ideas and expertise in outreach ministry. We are blessed to have you as our Pastor, in the words of Mordecai "for such a time as this". Building God's Kingdom of love one heart at a time.

Shirley Andrews

SAVE THE DATE!!

Annual Rummage Sale Saturday, March 12, 2016 Keep an eye out for more information!

Upper Room Thrift Shop & Food Pantry

The Thrift Shop has lots of good used clothing of all sizes available for \$2.00 a bag, as full as you want to get it. It is open every Tuesday from **9:30 am to noon**. Just come in the front door of the Church House and go up the stairs. Good used clothing in all sizes is accepted. Thank you to all who donate to the thrift shop. For those who are donating clothing we ask if it is possible to try to give seasonal items as our storage is extremely limited in the shop.

The Food Pantry is open every Wednesday from **9:30 am to noon**. Our new entrance is now open, up the ramp and in the side door of the Church House, so come and receive a good variety of food. Visits are limited to once a month.

We are fortunate to have such a giving community that helps provide the pantry with all kinds of food. They sometimes give money in memory of someone. We use that to purchase from the Regional Food Bank in Latham at a good price. We also receive a grant once a year from the Food Bank.

The items we usually need are cereal, canned vegetables, spaghetti sauce and personal care products. Donations for the food pantry and thrift shop can be brought in any time the office is open. Thanks to everyone who has helped in any way to make these projects such a success. Thanks also to those who work in them.







<u>Soup-er Bowl Sunday Bake Sale</u> Soup-er Bowl Sunday is coming up on February 7th!

This year, we are asking our church family to donate cans of soup to help stock our BSUMC Food Pantry.

The Sunday School will also be hosting a Bake Sale, before and after church.

All proceeds from the Bake Sale will be donated to the Veterans Shelters in Ballston Spa.





Church Family Movie Night!! MINIONS

Friday, March 4th at 6:00 pm Popcorn & Snacks provided!!

(Donations accepted for Mission Trip 2016)





SAVE THE DATE!!!! Saturday April 9th 4:30 - 6:30 pm

Middle & High School Youth will be hosting a

SPAGHETTI DINNER

to raise funds for Mission Trip 2016
Dinner will consist of spaghetti & meatballs, salad, garlic bread, beverages and a dessert.

Come and enjoy a night of fellowship and support the youth in mission!



Church Committee Information Corner

This month we highlight the SPRC

Staff Parish Relations Committee – is to be available to support clergy and staff in the local church <u>Committee Members:</u>

Pat Brewster - Chairperson
Linda Sheeran - Lay Member to Annual Conference
Kerri Preston - Lay Leader
David Lotto - Lay Leader
Marcy Wilson - Secretary
Thelma Armer
Joan Glossner
Jeff Lovelass

Jason Greco

Women in the Pulpit: UNY Nearly Four Times the National Average

The Upper New York Conference is significantly ahead of the national curve when it comes to women serving in the pulpit. According to a new analysis of Duke University's National Congregations Study, women serve as senior or solo pastoral leaders at just 11 percent of congregations in the United States - indicating essentially no overall increase from when the study was first done in 1998. However, the United Methodist Commission on the Status and Role of Women reports that 27 percent of The UMC's 54,262 active and retired clergy in 2014 were women. In Upper New York, the percentage is even closer to gender neutrality. The Conference database has 1,193 members identified as active or retired clergy, and 420 of them are female (35 percent). In fact, of the 639 clergy serving in some capacity – including both active and retired status – 277 are women, or 43.4 percent. "Our Conference is among the leaders in empowering women in ministry," said the Rev. Dr. Michelle Boque-Trost, pastor at Central UMC in Endicott, "Yet, dialogue about the role and status of ordained women needs to continue. Even with the increasing presence of women in leadership, and some visible cracks in the so-called 'stained glass ceiling,' many women in ministry still face the reality that they must prove their call and abilities, especially in congregations that have never experienced the leadership of a woman pastor."



Hand to Plow continues to meet on a monthly basis. The members of the team are Linda Sheeran, Shirley Andrews, Ruth Persons, Sheeba Azarm, Kerri Preston and Deb Thompson. We gather for over an hour to discuss the ides that are brought forth in our reading. This past month we read the book <u>Bearing Fruit</u> by Lovitt Weems.

On Jan. 20th we met and discussed the following Scripture texts and discussed questions that pertain to ministry in our church:

- 1. Matthew 28:16-20 Discuss how this outlines the mission of the church?
- 2. Ezekiel 37:1-28 How does the vision by Ezekiel relate to our congregations?
- 3. Acts 2:42-47 What are the core values lived by the first century church?

Each question continues to query us on how these values are represented in our local church, etc.

We will keep you posted each month on some things that the team is learning as they gather with other congregations!



Regional Food Bank

On Sunday, January 10th, 16 energetic souls traveled to Latham to sort boxes and boxes of frozen foods- meat, seafood, deli products, pre-cooked meals, etc. It was estimated we processed about 1600 pounds of food in just 2 hours, which translates to feeding many families. So great is the need, it would all be re-distributed within days. Here is what two of our youngest volunteers had to say...

"It was very fun to weigh the boxes of food on the scale and to learn about helping other people." Ben Taylor

"It felt good to help people in need of food." Jake Taylor

*In Saratoga County, in 2013, 9.7% of our population (21,520 individuals) was Food-Insecure, i.e. not knowing where their next meal was coming from.

Our next scheduled work day is **Sunday, April 3, 1 – 3 pm**. Again, we will gather for lunch in the Fellowship Room after worship, and carpool down. Contact: Linda Sheeran at 885-1729, or lsheeran6@gmail.com.



What are "Special Sundays"?

In The United Methodist Church, these are the Sundays whereby monies are collected for special programs, intending to show the nature and calling of The Church. Special Sundays fall into four categories:

- 1. Church-wide- such as the Human Relations Day, which just passed
 - 2. Upper New York Conference- such as Africa 360 Sunday on April 17, 2016
 - 3. Special Sundays without offerings- such as Laity Sunday on the $3^{\rm rd}$ Sunday of October
 - 4. Additional offerings- such as Christian Education Sunday

For more details, check out the blue Special Sundays informational sheet on the Welcome Tables in the hallway, or go to www.umcgiving.org/your-impact.

Finance Corner

February, the second month on our Gregorian calendar, is the shortest month of the year, having only 28 days, except in leap years such as this one, when it has 29. February takes its name from the Latin term *februam*, which means *purification*. The Romans held a purification ritual during the full moon of their month of *Februarius*. For us, coming as the second month, February offers a second chance at those New Year's resolutions and changes we so earnestly promised ourselves during the first month. In 2016, we even get an extra day for carrying out our resolutions.

That extra day may come in handy at Ballston Spa United Methodist Church because we ended 2015 with a deficit of approximately \$3,000. At the time of this writing, some final figures are still outstanding, but the evidence indicates we will close the accounts of 2015 with a deficit, despite our best efforts. I take this opportunity to thank everyone who honored their pledge and submitted monies by close of business for 2015. Additionally, I thank everyone who committed to a pledge for fiscal year 2016. It is only through documentation of anticipated income that the Church is able to reliably plan for expenditures during the coming year.

At present, our 2016 spending plan (operating budget) calls for approximately \$160,000. Pledges to this fund total about \$90,000, to date. While we have dedicated members who support fund raising endeavors throughout the year, I underscore here the necessity for honoring pledges and ongoing member support of Church enterprises. Because the Church expenses continue throughout the year, it is important that we all bear in mind the importance of our individual roles in support of all those Church activities and enterprises.

Finally, with further regard to February, one thing we all experience this month is the arrival of tax forms. If your mail box is like mine, it overflows with all sorts of employment-related notices and other receipts for monies on which you must now pay taxes. If you would like to simplify your life for next February when there is one less day, now is the time to consider signing up for VANCO. VANCO is the automatic deduction of tithes from any bank or credit union account you designate. It's so easy, easy to sign up and easy to live with. At tax time, you receive a nice, neat document of your giving, ready for filing with your tax return. No frustrating flipping through the checkbook and trying to remember what you gave and when. You can change your mind, too, and stop VANCO or change the amount deducted any time you want.

If you think VANCO might be for you or you have some questions, just call the Church office or call me. I'm in the Church Directory. I've been using VANCO since it started and it's a 2016 Resolution I can really recommend. If you have money deducted from your paycheck at work, think about a VANCO deduction for Church and when "you render unto Caesar," you can render unto God the same way. See Matt. 22:21.

Yours in Christ, Donald VanVranken

Love to Stay: Sex, Grace, and Commitment by Adam Hamilton

Chapter 2: What She Wants, What He Wants

Characteristics often sought by men and women in a partner are:

- * honest/trustworthy
- * good communicator
- * strong faith
- * fun/humorous
- * emotionally stable

Discussion: How do you know if each characteristic is present or absent?

How does each characteristic show itself in a person?

How do you define each characteristic?

Ex. Does being humorous mean cracking jokes all the time, or is it something more than that?

"It is more important to be the right person than to find the right person."

Think about: What does this statement mean? Do you agree? Why or why not? How can we know if we are being the right person?

Additional suggested reading, "The 5 Love Languages" by Dr. Gary Chapman

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than ourselves, Let each of you look not to your own interests but to the interests of others. Let the same mind be in you that was in Jesus Christ.

Philippians 2:1-5

Some New Year SPICE by Brent Bill - From Cokesbury Commons, December 2015

How about inviting God to help you put some SPICE in your life in the coming year?

- Stillness
- Peace
- Integrity
- Community
- Equality

Quakers see these things as integral parts of living in the way of Jesus. They're not just for Quakers. All of God's children benefit from them.

Silence.

Our lives are noisy. And busy. And crammed full of stuff. So taking time for silence—even if it's just a minute or two—may seem impossible. The point of Quaker silence is just to be quiet, though. It's to be quiet enough to hear God's voice. The Voice of direction, assistance, guidance, compassion, and more. If you're feeling overwhelmed, well, that might just be the perfect time to get still and listen for and to God!

Peace.

It's not just about world affairs. What I need help being peaceful about are my annoying co-workers or neighbors. It's easier if, with God's help, I remember that God loves them more than they—or I—know. As I listen to the Holy Spirit, I find myself more aware of the peace that grace extends to me. Then it's easier to extend peace to others. Jesus tells me I'm called to be a peacemaker; being a peace-maker doesn't necessarily mean that my life will be all peaceful and sweet. It just means that I won't be the one causing chaos and doing unpeaceful things. What can you do at work or home to create peace?

Integrity.

According to a Gallup Poll, car salespeople and men and women in Congress are the least trusted people in the United States. That's because the perception is that they lie. Can I be trusted? I hope so. We all want to be around people of integrity. One question I try to remember to ask before I speak is, *Are my words and actions right now flowing out of what I believe?* A second is, *Are these words and actions really true* and *necessary?*

Community.

As a kid, my hero was the Lone Ranger. The classic loner figure fit with my introverted nature. It took me a long time to realize that the only way the Lone Ranger made it out of many a nasty situation was due to help from Tonto. Community. A small community, just the two of them, but community nonetheless. And so, even on those Sundays when it's gloomy and the bed feels so good or those cold nights when the fire's warm, I go to be with my Friends. Make sure to take time for your faith community—whether they gather in a building, online, or at the local coffee shop. A daily check-in is a reminder that we don't travel the Jesus way alone.

Equality.

Quakers believe that there is "That of God in everyone." That belief comes from John 1:9, "The true light that gives light to everyone was coming into the world." *Everyone* being the operative word. My friend Katie wears a t-shirt that says "Jesus Loves Everybody... but I'm His Favorite." The fact is we are all God's favorites. In a world that offers us plenty of opportunities to practice prejudice (sexism, racism, classism, regionalism, religionism), Jesus calls us to treat each other well. Are you open to and appreciative of everyone? Do you, in Jesus' name, treat others with consideration and esteem?

Brent Bill is the author of <u>Life Lessons from a Bad Quaker</u>: A Humble Stumble Toward Simplicity and Grace, a Quaker minister, photographer, and retreat leader.

On the next 3 pages you will find the thank-you letters from the organizations that received donations from the 2015 Falling Leaves 5K. Please visit the website (www.ballstonspaumchurch.org) to view pictures of the presentation of the checks. Thank you to everyone who helps to make this event happen whether it be organizing it, working at it or participating in it.

BALLSTON AREA CLERGY ASSOCIATION

An ecumenical ministry of the Alliance, American Baptist, Episcopal, United Methodist & Presbyterian (PC USA) churches in Ballston Spa.

December 21, 2015

United Methodist Church 101 Milton Ave. Ballston Spa, NY 12020

Dear United Methodist Church,

On behalf of the Ballston Area Clergy Association, I would like to thank you for your recent donation of \$1,8250.00 to our Community Assistance Fund. This fund was established in 2009 as an ecumenical witness of God's love and compassion to people in times financial crisis. Thank you for your part in making this a vital ministry to our community!

This is your official tax receipt acknowledging your gift. No goods or services were exchanged as a result of this tax deductable gift.

For your Information, the Ballston Area Clergy Association account is held under the auspices of the First Presbyterian church (tax id # 22-250-5454). For any questions or concerns, please forward them to the First Presbyterian Church, 22 West High Street, 885-5583, pastor@ballstonpresby.org. Ais a bleuris to be part of the fosether accommunity that work working the cord ful gith It in serving worder ful gith It will bell many, people in our will bell many, people in our community. Down

Sincerely Yours in Christ,

Rev. David Bennett

Treasurer, Ballston Are Clergy Association Pastor of the First Presbyterian Church

8



CAPTAIN

YOUTH AND FAMILY SERVICES

5 Municipal Plaza, Suite 3, Clifton Park, New York 12065 (p) 518.371.1185 (f) 518.383.7997 www.captaincares.org

Lifting people up, building brighter futures

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December 17, 2015

Ballston Spa United Methodist Church Mr. Garrett Wilson 101 Milton Ave. Ballston Spa, NY 12020

Dear Mr. Wilson,

Thank you for your generous donation to our annual appeal. Your gift of \$1,825.00 will go a long way in assisting families and individuals like Allison in our community. You are helping CAPTAIN help our neighbors in their journeys' to personal growth and self-sufficiency.

Donations from friends like you ensure that people in our community — who need it the most —receive support and guidance to improve their situation. *I am happy to report that Allison has successfully completed the halfway program and returned to the Capital District. She is currently stably housed and making positive plans for her future.*

Philanthropy truly begins with each individual. Thank you for making this gift; it is one step toward a stronger community.

Happy Holisays!

Lifting people up, building brighter futures,

Sue Malinowski Catroppa Executive Director

Please retain this letter for tax purposes.

CAPTAIN Youth and Family Services is a not-for-profit corporation under New York State law and is a designated 501(c)(3) charitable foundation under the Internal Revenue Code. CAPTAIN has not provided any good or services in consideration, in whole or in part, for this contribution. Canceled checks are no longer valid substantiation for charitable gifts over \$250 U.S. dollars. We respect your privacy and do not provide our donor contact information to any company or organization.

shelters of saratoga



December 29, 2015

Dear Friends of SOS,

P.O. Box 3089 14 Walworth Street Saratoga Springs, NY 12866 (518)581-1097 (518)581-8735 fax www.sheltersofsaratoga.org

Ballston Spa United Methodist Church 101 Milton Ave Ballston Spa, NY 12020-1408

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Susan Bender Mark Bertrand Kate Button Lisa Capasso Jay Carruthers Marcy Dreimiller Steven Heyman Stephen E. Towne Thank you for your contribution of \$1,825.00, proceeds from the Falling Leaves 5K race to Shelters of Saratoga (SOS), which was allocated to the SOS general fund. Please know that your generous gift will have a positive impact on countless lives within our community.

The SOS mission is to provide individuals with safe shelter, support services and sustainable strategies to end homelessness in the Greater Saratoga region. Approaching the agency's twenty-fifth anniversary as a homeless service provider, SOS has continuously sought to expand the scope of available services to meet the changing needs of our beneficiaries. We remain committed to breaking the cycle of homelessness by empowering those seeking assistance from SOS to have a sense of dignity and self-determination.

The community's generosity assisted SOS in meeting the complex needs of over 3,000 individuals last year through the outreach, shelter, and affordable housing programs. Your commitment to aiding that effort is greatly appreciated by the Board of Directors, SOS staff, and most importantly by the men, women, youth and families who benefit from SOS services.

Sincerely,

Michael A. Finocchi **Executive Director**

Shelters of Saratoga www.sheltersofsaratoga.org

Please note: In accordance with the Internal Revenue Service, this letter represents official acknowledgement of your donation. No goods or services were received in exchange for your contribution. Please retain this letter for tax purposes.



Newsletter Deadline:

The deadline date for the March issue of *The Tidings* newsletter is <u>February 17th</u>. You may e-mail your article to <u>bsumc@albany.twcbc.com</u>, drop it off, or mail it to the office. Anyone may submit an article for the newsletter.



Sunday Worship 10 AM - Nursery Care Available

Ballston Spa United Methodist Church

101 Milton Avenue Ballston Spa, NY 12020

February Tidings

"Open Hearts, Open Minds, Open Doors"